Antisocial and Psychopathic Disorders

To diagnose antisocial and psychopathic disorders, mental health experts first use the Conduct Control Behaviors or Disorders rules to diagnose a patient over the age of 18 with Antisocial Personality Disorder. This particular disorder often has several underlying disorders that can mimic other symptoms to cause a false diagnosis. These symptoms may include, but are not limited to:

- Fire starting and pyromania
- Truancy
- Theft
- Harming of people
- Harming and killing small animals
- Hostility towards authority
- Violent outbursts
- Dangerous sexual acts
- Willful or malicious destruction of property
- Compulsive-implosive explosions
- Crime

There are many more symptoms related to this condition, but quite frankly many are very frightening.

Psychopathic symptoms are very similar to those above and include:

- Fire starting
- Bed wetting
- Harming or killing people
- Harming or killing small animals
- Explosive outbursts
- Conduct control disorders
- Inability to regard others
- Destruction
- Truancy
- Neglectful attitude
- Sexual deviant behavior
- Hostility towards authority
- Inability to show remorse
- Inability to express emotions
- Impulsive-compulsive behaviors
- Criminal minded

Individuals who suffer from antisocial and psychopathic conditions are unable to show emotion at all and they never show remorse for their actions. If they do show remorse, it is superficial and they really don’t have any feelings of remorse at all. These two areas of mental illness include the following illnesses:

- Antisocial personalities
- Sociopath personalities
- Histrionic personalities
- Psychopathic personalities
It is easy to see how these conditions can have a similar diagnosis, as they are related and linked quite closely in diagnosis. The differences are slight and in reality the two are very similar. These two conditions are often diagnosed and linked to each other in a condition called Psychopathic disorder with Antisocial Personality Disorder, Psychopathic traits and tendencies. Because of the closeness in diagnosis, many mental health experts have conflicting opinions on Antisocial Personality Disorder, because it is essentially psychopathic. Psychopathic Personalities are up on reality, but their morals and social beliefs tend to determine their symptoms. These people often engage in sexual exploits and are more often affected by pornographic materials and pornographic materials are often the leading cause behind a psychopath’s mind.

These conditions also have hereditary link and their behaviors are genetic. Also, although alcohol and drug use are common among these individuals, not all are alcoholics or drug addicts. Several individuals have been diagnosed with this condition and have never touched either substance. Many resort to these substances though to relieve the pain of their symptoms.

These individuals do not always commit murder either. Many of those who do commit murder are those who have not been treated. It may take years to work through the symptoms of these conditions, but in the long run you can work with them and treat them. This is important to stop these individuals from becoming serial killers. It is often the individuals who are never treated that resort to killing.

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Relating to others with mental illness can be difficult

If you have a mental illness then the only people who often understand, you may be your therapist or doctor and even those people will sometimes fail. Many patients will complain that their therapist is not helping them, and they will complain about the medication and treatment they receive. The problem is that there is a communication breakdown between the two people and patients do not always do their best to follow instructions and listen to their therapist.

Often when a patient complains there are reasons for it and something is not working somewhere. It is important to remember that if the patient is complaining of voices or hallucinations telling them things, you must listen to them as they can become dangerous. Do not simply push it away and call them crazy. You will often have to read between the lines with patients. It is also important that they are understood and that they are listened to so that you can help them cope with their problems and symptoms.